

Our range
of **comprehensive**
medical services



Get to know us **better!**

For over 35 years, we have offered a full range of medical services nationwide: from medical consultations at 35 of our own facilities, some 5,000 partner facilities through telemedicine services, dentistry, rehabilitation, laboratory and imaging diagnostics and home visits.

MEDYK by the **numbers**

35 Primary Health Care and Specialty Clinics

More than 90 blood collection points

15 Imaging diagnostic laboratories (including CT, X-ray, ultrasound, Mammography, Endoscopy)

5 occupational health clinics

5 in-house laboratories including a genetics lab

7 dental offices

4 rehabilitation clinics

2 24-hour Nursing Homes

2 Dialysis stations

Hospital with orthopedics, ENT and urology departments

In addition:

Subscription care

Outpatient clinics of specialist doctors

Medical and sanitary transport

Clinical Research Center

Research and Development Center

Center for Medical Education of Foreigners

Founder of the "Subcarpathian Cluster of Health and Prevention Association"

Foundation "Medic for Health"



Occupational Medicine

We provide and coordinate occupational medicine examinations. We assign a dedicated supervisor who designs activities based on the account the individual needs and expectations of the Client.

Our range of services include all medical examinations and consultations required by law (Labor Code). Together with CM MEDYK, our Customers provide their employees with professional care and a convenient way to carry out Occupational Medicine examinations.

Occupational Medicine Clinics

Rzeszów, al. Rejtana 53

Sędziszów Młp., ul. Piekarska 2B

Jasionka 954F

Dębica, ul. Kwiatkowskiego 1

Mielec, ul. Partyzantów 21



Aerial surveys

- **class 2 and LAPL** (initial and periodic examinations)
- **class 3** (periodic examinations only)
- **candidates** for **cabin crew** and **cabin crew**
- **candidates** for **flight attendants** and **aviation personnel** (national rulings, in terms of meeting class 2 and 3 requirements)

Medical subscriptions ☎ 509 890 953

We offer packages to company employees as part of medical subscriptions, so we can also provide medical care for their families. We cooperate with the 3 largest nationwide networks: PZU, Medcover and Polmed. We are the only local company in the TRICARE system, and cooperate with other global insurers.

As part of subscription care, we provide you with access to services at 35 CM MEDYK facilities, 90 CM MEDYK collection points in Podkarpackie Voivodeship, St. Family Hospital in Rudna Mała, as well as access to nationwide care at partner facilities.

Travel medicine ☎ 17 865 20 02

Medical consultations during which the doctor will schedule immunizations and education to help the patient avoid the unpleasant consequences of staying in places with risky hygiene standards.

We perform vaccinations for all disease entities included in the calendar of vaccinations required or recommended before travel.

Sports medicine ☎ 17 865 20 02

Qualification for sports- periodic check-ups in people who practice sports, with a view to detecting changes in the body from practicing a particular sport.

Scope of services

silver package gold package platinum package



Primary care (internist, pediatrician, family medicine doctor)



Unlimited **consultations of specialists** (without referral / with referral)

16 specialists **33** specialists **47** specialists

Limited **consultation of specialists** (during the insurance year)

• nutritionist (3 visits) • nutritionist • psychiatrist (5 visits) • nutritionist • psychiatrist (10 visits) • psychologist (5 visits) • psychologist (10 visits)

Professorial consultation (during the insurance year)



Consultation of **doctors on duty**



Nursing treatments



Outpatient procedures

31 procedures **44** procedures **71** procedures

Laboratory tests: hematological, biochemical, hormonal, serological, bacteriological, mycological, cancer markers

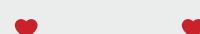
Diagnostic tests: X-ray, ultrasound, MRI, CT scan, endoscopic examinations, functional tests (including but not limited to EEG, EMG, ENG, scintigraphy)

160 procedures **283** procedures **433** procedures

Allergy tests

• skin • skin • lake • from blood

Managing a pregnancy

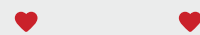


Vaccines

Influenza, tetanus



Hepatitis B



Tick-borne meningitis, hepatitis A



Panel of laboratory tests without a referral



Preventive **health review**

basic basic comprehensive

Dentistry

Preventive dental care (inspection - 2 times a year, additionally: scaling, sandblasting, fluoridation, sealing, varnishing, polishing)



Conservative dentistry, endodontics, pedodontics,

20% discount

30% discount

50% discount

Dental surgery

20% discount

30% discount

50% discount

Orthodontics, prosthodontics and implantology

10% discount

10% discount

20% discount

Sports Medicine



Sports jurisprudence



♥ = unlimited

Rehabilitation

Physical therapy (during the insurance year)

30 treatments

40 treatments



Kinesitherapy (during the insurance year)

10 treatments

20 treatments



Neurokinetic rehabilitation (during the insurance year)

3 treatments

5 treatments

Home visits (during the insurance year)

3 visits

Travel nursing care (during the insurance year)

10 visits

Online consultation or telephone contact (individual conversation with a doctor, midwife or nurse)



Cardio Sport Program



Discount of 10% on other services provided at CM MEDYK facilities excluding dentistry



'Take care of yourself' Program - Discount on cosmetological services in Beauty Clinic 'IP CLINIQ'.

5% discount

10% discount

VIP Individual Patient Caregiver



Availability and timing of service delivery

All occupational medicine examinations will take place in the **shortest possible time** - if possible **within one day**.

General practitioner - internist, pediatrician, family doctor - 1 working day	1 working day
Specialist care included in the monthly plan	3 working days
Specialist doctor on the basis of a referral	Up to 5 working days
Ordered diagnostic and imaging tests	Up to 5 working days
Rehabilitators	Up to 5 working days

Customer platform

- **Medical hotline**
- **Text message reminders** for test and consultation appointments
- **Electronic medical records**
- Monitoring the **quality of service**
- Ability to make **appointments online** through a **dedicated app**

Individual Patient Account (IKP)

With the help of IKP, it is possible to:

- **check e-prescriptions** and **e-referrals**
- receiving an e-prescription and e-referral via **SMS** or **e-mail**,
- gain access to their **children's medical information** up to the age of 18,
- **change of doctor, nurse** or **primary care** midwife



Visimed application



A proprietary application for making online appointments and finding doctors/specialists.

A solution that allows patients to book an appointment with the doctor of their choice for themselves and their child, and cancel pre-arranged consultations if necessary.

You can:

- Search and book medicines at the pharmacy
- Fulfill e-prescriptions - contactless and confidentially
- Order online prescriptions for continued treatment - Check food interactions
- Maintain a mobile home first aid kit
- Asking questions of pharmacists
- Control and monitoring of personalized health information.
- Drug dosage control

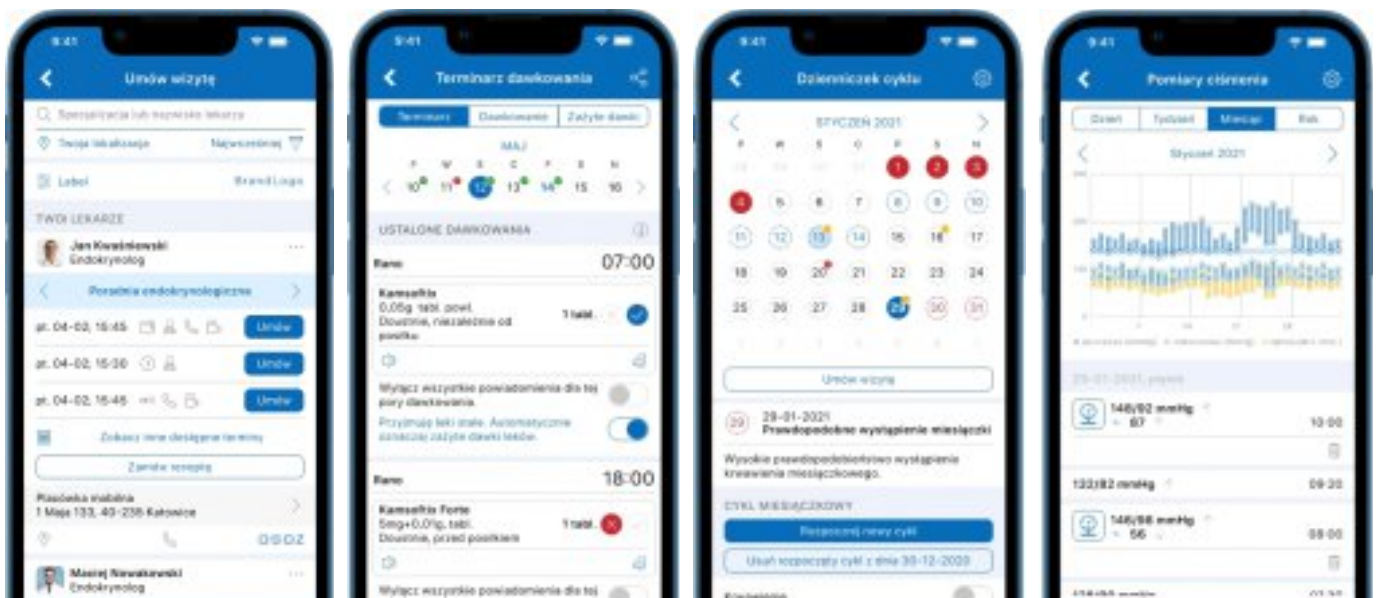
Immunization Calendar is a dedicated functionality of the VisiMed app, which ensures that information about accepted and scheduled vaccinations is always at hand.



Health profile

Under which the patient has the opportunity to:

- Introduce information on chronic diseases, drug allergies and food intolerances.
- Determine your blood type.
- Managing your personal vaccination calendar.



Specialty clinics

We have more than 30 specialty clinics, where we employ nearly **180** medical specialists.

Our offerings include, among others, **clinics**:

- Allergy and dermatology
- Pediatric surgery and adult and vascular surgery
- Infectious diseases
- Dietary
- Dermatological
- Diabetology
- Endocrinology of children and adults
- Gastroenterology
- Gynecological
- Hematological
- Cardiology of children and adults
- Cardiac Surgery
- Logopedic
- Nephrology of children and adults
- Pediatric and adult neurology
- Urology
- Ophthalmic
- Otolaryngology
- Oncology
- Orthopedic children and adults
- Periodontal
- Proctology
- Psychological for children, adolescents and parents
- Psychocardiology
- Psychiatric
- Pulmonology of children and adults
- Rehabilitation
- Rheumatology
- Dental and oral surgery



www.medyk.rzeszow.pl



Diagnostics

Our clinics are equipped with equipment that allows for **comprehensive** and **accurate** diagnostics in many directions.

Our services include:

- Endoscopy (gastroscopy, colonoscopy)
- Mammography
- ENG
- X-RAY
- ULTRASOUND
- ECG
- Holter
- EEG
- EMG
- Pantomogram
- Computed tomography
- Cardiac stress tests
- Sleep apnea study
- Transesophageal echocardiography
- Audiometry, Tympanogram, ABR
- pirometry
- FAS (fetal alcohol syndrome)



www.medyk.rzeszow.pl



Dentistry



Scope of services

- Prevention • Conservative Dentistry
- Esthetic dentistry - Oral surgery
- Endodontics (root canal treatment)
- Endodontics with microscope
- Prosthetics • Periodontology • Implants
- Taking X-rays / pantomogram
- Pediatric dentistry • Orthodontics

Orthodontic clinic

Treatment of adults and children:

- Fixed braces
- Functional apparatuses
- INVISALGIN invisible overlays

Contact: **509 891 243**



Dental clinics

Rzeszów, al. Rejtana 53
Rzeszów, ul. Architektów 11
Rzeszów, al. Powst. Warszawy 28
Rzeszów, al. Piłsudskiego 31
Rzeszów, ul. Leska 2
Rzeszów, ul. Siemiradzkiego 4
Boguchwała, ul. Przemysłowa 2c

www.stomatologia.medyk.rzeszow.pl



Rehabilitation

What sets us apart?

- **Many years of experience** in working with patients
- **Individual approach** to the patient
- **Modern equipment**
- **Flexible appointment times**

Scope of services

- Functional diagnostics
- Physiotherapy consultation
- Ultrasound
- Kinesitherapy: instrument therapy, individual exercises, group exercises, weight-bearing exercises, healthy spine
- Massage: Chinese bubble massage, classical massage
- Physical therapy: Shockwave, HILT, ZAMAR, radiofrequency therapy, light therapy, ultrasound, laser therapy, hydrotherapy, short-wave diathermy, magnetotherapy, cryotherapy, electrotherapy
- Cardiac rehabilitation
- Urinary incontinence therapy
- Antiedema therapy
- Treatment of overweight and obesity
- Dental rehabilitation
- Traction table
- Kinesiotaping

Rehabilitation clinics

Rzeszów, al. Rejtana 53 · tel. 17 865 20 06
Rzeszów, ul. Łukasiewicza 88 · 533 349 029
Łączki Kucharskie 248 · 17 865 20 99
Mielec, ul. Partyzantów 21 · 17 788 92 26
Dębica, ul. Kwiatkowskiego 1 · 509 890 297



www.rehabilitacja.medyk.rzeszow.pl

Prevention ☎ 517 194 743

MEDYK Medical Center **puts prevention first.** For more than 30 years, we have been organizing numerous campaigns to raise awareness, educate and promote preventive examinations.

We implement **all Ministerial programs**, making the most of opportunities for preventive research, including :

- **Breast cancer** prevention
- Prevention of **colorectal cancer**
- Prevention of **cardiovascular disease (CVD)**
- **'40Plus'** prevention program

We participate in **prevention campaigns** of other entities e.g.:

- „**Movember**” - prostate cancer prevention
- „**Mam haka na raka**” - oncology prevention
- „**WYRAS** - detect skin cancer”
- **Proprietary prevention campaigns** for companies

We implement **proprietary prevention campaigns** for companies



Podkarpacki
Parasol Prozdrowotny

Training in first aid

☎ 517 194 743

We provide first aid services:

- We organize courses for companies and individuals
- We tailor training programs to the age and needs of the audience
- We implement age-appropriate teaching methods
- Upon request, we prepare any first aid and rescue training program. You specify the number of hours, topics, and we draw up a synopsis and conduct classes
- We organize courses based on an experienced staff of instructors - lecturers



Clinical trials

The R&D's goal is to participate in international clinical programs of new and innovative drugs, molecules or medical devices.

CM MEDYK has more than 20 years of experience in conducting phase Ib/II, II, III, IV clinical trials, observational studies and international registries.

We participate in international clinical programs of new and innovative drugs, molecules, medical devices.

We can conduct inpatient/outpatient clinical trials at the Center, even when 24hr observation of the patient is required.

The center, in cooperation with the scientific staff of the Faculty of Medicine of the University of Rzeszow, develops clinical research protocols and implements original clinical projects.

Since 2011, it has been a partner center for IQVIA, an international company engaged in conducting and monitoring clinical trials in Poland and worldwide



Medical and sanitary transport 519 177 881

We offer:

- Transport of patients requiring professional medical attention
- Operating a health care facility and providing services to individuals
- Rental of ambulance with driver, ambulance with paramedic or full medical team



Oncology clinic 517 311 292



Medyk
Onkologia

Oncology outpatient clinic: consultations with oncologists, coordination in the implementation of preventive examinations and diagnostic services.

In addition, within medical oncology there are::

- Tobacco Addiction Treatment Center,
- Rehabilitation,
- Clinical Research Center
- Research and Development Center.
- Prevention Center (screening, diagnostics),
- Obesity treatment center,
- Specialty clinics.



NFZ



IP CLINIQ
INSTYTUT PIĘKNA



Your Clinic in Rzeszow

al. Rejtana 53, 35-326 Rzeszów

e-mail: repcja@ipcliniq.pl / tel. +48 507 025 840 / +48 509 878 496

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MEDICINE**



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SURGERY**



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**PROFESSIONAL
COSMETOLOGY**



**AESTHETIC
DERMATOLOGY**



**ESTHETIC
GINEKOLOGY**

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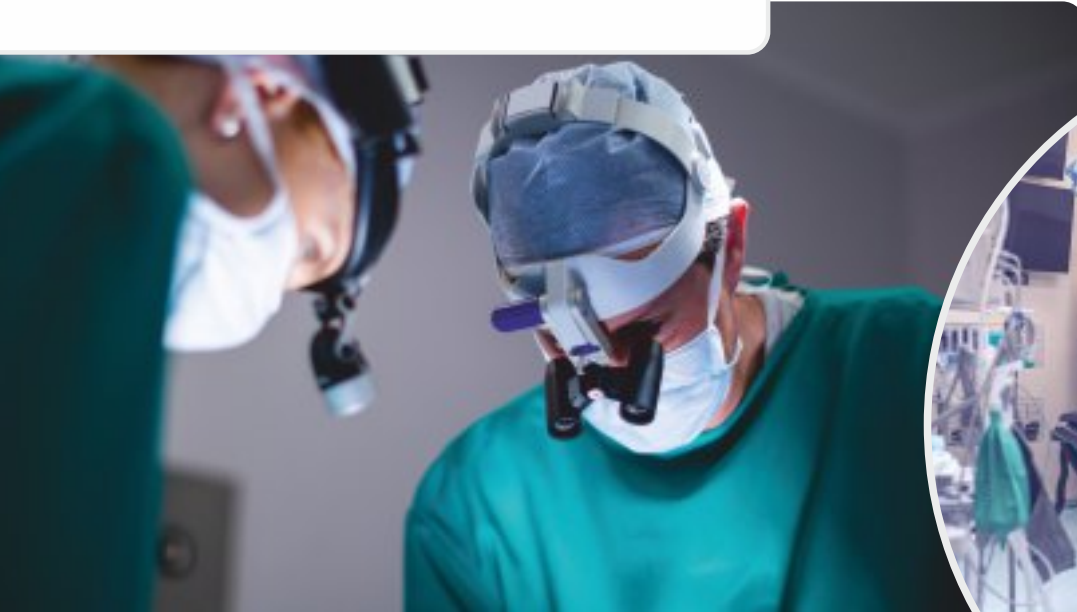


Centrum Medyczne
Szpital MEDYK
w Zimnej Wodzie

Already **open!**



Fast consultation



**Specialist offices
and hospital departments:**

Orthopedics / orthopedic oncology

Surgery

Laryngology of children and adults

Urology

Ultrasound

✓ **Experience**

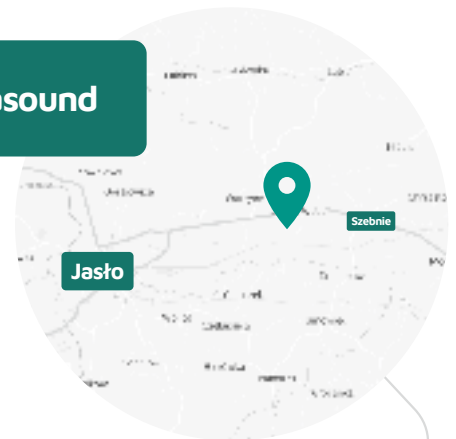
Our team is made up of specialists with extensive experience and professional experience, but also young and ambitious specialists who put the health and well-being of the patient first.

✓ **Concern**

We care about our patients and take careful care of them from the first meeting with the doctor until recovery after surgery.

✓ **Modernity**

We use modern surgical techniques, the latest medical knowledge taking care of the comfort and safety of our patients.



Zimna Woda 118
38-203 Szebnie

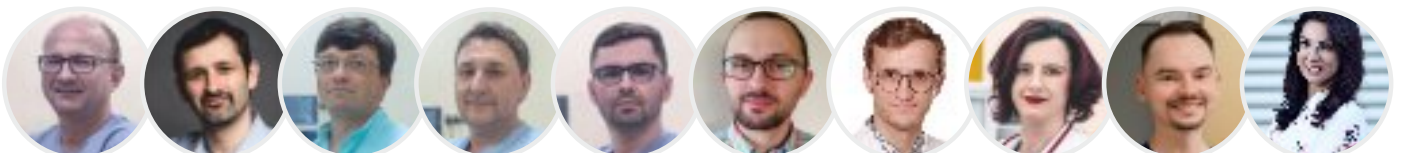


13 491 13 14

Book an appointment
for a consultation



www.medyk-szpital.pl



They **trust us:**

amentum >

Tt TETRA TECH

itbm
group

AIM
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Collins
Aerospace

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BURY

POLENERGIA

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METALE NIEZELAZNE

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DA|GLASS

Husqvarna

FIBRAIN